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Jenn's Little Bears Early
Childhood Education Centre

Purpose & Philosophy

We serve the families and children in the Western Communities offering a “learning through play” environment. Recent studies now tell us that the first six years of a child’s life are critical for learning. Our centre will offer children the space and materials to stimulate their social, intellectual and physical development.

Young children will move through various stages of play from infants involved in solitary play to five year olds being involved in cooperative and group play scenarios. Our centre will provide children the space to develop these social skills with each other.

Both the infant toddler centre and the preschool/daycare program have a wide range of activities and a great balance of quiet and active, individual and group and free and planned activities.

Little Bears ECE Centre will provide the following important aspects to our environment for every child;

- A safe and nurturing environment
- Valuing and respecting diversity
- Open ended, free choice and developmentally appropriate activities
- Partnerships with families
- Modeling appropriate personal and professional behavior

Little Bears ECE Centre will help each individual child develop the skills they need to explore and continue on to kindergarten.

Program Goals

In both the Infant and Toddler Centre and the 3-5 Centre the program goals are to provide children with a place to learn and develop skills in all the areas of development. Our educators will work with each group of children to provide a program best suited to the children’s needs, skills and abilities.

Drop off and Pick Up Policy

When dropping your child off please sign in the child on the sign in sheet. Make sure you touch base with an educator before leaving the centre to ensure that we know the child is in the

centre. Please let us know about the child's morning and any unusual occurrences in the child's morning.

Not attending? Please call the centre if you are not bringing your child in or are bringing your child in late. Please call the centre before 9:30 am so we can plan our day accordingly. If you arrive at the centre after 9:30 we may not be able to take your child as we may not be within ratio.

It is important for young children to have security and a routine, we must ask that children be dropped off prior to 9:30 am otherwise they will not be able to join us that day. Special circumstances, such as an appointment or emergency, are of course the exception.

At pick up time please sign your child out on the sign in sheet and make contact with an educator so that we are certain your child is safe.

The Infant and Toddler Centre has a 9.5 hour policy for attendance. Please see our IT contract to check drop off times and pick up options.

If you are late for picking up your child, there is a \$1.00 charge per minute. If you have not been in contact with the centre to let us know that you will be late we will contact one of the emergency contacts you have provided. If after 30 minutes past closing there is still no contact or pick up arrangements we will call Emergency Services of the Ministry of Children and Families.

Each child's safety is important to us. It is imperative that we have written permission for individuals, other than parents or guardians, to pick up a child. Alternative caregivers or individuals that will be picking up your children need to have identification at pick up time for the educators to release each child. Anyone not on the authorized pick up list will not be given access to the child. The child will remain with the caregiver and all reasonable efforts will be made to ensure each child's safety, as that is our main concern.

It is also our responsibility to ensure that we are releasing each child into a safe environment. If the caregiver feels that the person picking up a child is impaired in any way we will not allow the

child to drive with this person. The ECE will offer a ride, to call a cab or another individual to pick both child and the person picking up. If the educator believes that the child is in need of protection the educator will call the Ministry of Children and Family Development.

If there are any restraining orders or other legal documents with regards to your child and another adult we ask for copies of these documents so we can assist you in keeping your child safe. Without legal documents we cannot deny a parent access to their child.

Centre Closures

If there is a fire, lack of power or heat or extreme weather conditions the center may be forced to close. If during the course of the day an emergency arises we will contact you to come and collect your child. We will of course remain with the children, making sure they are safe until parents arrive.

The centre will be closed the week between Christmas Eve and New Years as well as all statutory holidays.

Sick Policy

If your child has a communicable disease it is important for them to stay home and rest in order to get better. Ill children are not able to fully participate in the program that we have planned. It is imperative that children rest when sick in order to fully heal.

If your child becomes sick while at the centre, you will be contacted immediately and expected to promptly pick up your child.

Illness included but not limited to:

- Vomiting or diarrhea
- Eye infection with yellow or green discharge
- A fever over 38 Celsius/99 Fahrenheit
- Excessive coughing, so much that the child cannot participate in the program
- Yellow or green nasal discharge
- Exhaustion due to lack of sleep or illness
- An undetermined rash

If a child has vomited, had diarrhea or began an antibiotic, we must ask that the child stay home from the centre for at least 24 hours. Doctor's notes are necessary for return with a rash or any other illness that is not treated with antibiotics. If a child is unable to fully participate in the program, they are not well enough to be at the centre.

The staff are trained and educated to recognize symptoms of illness and will use their judgment to determine if a child is healthy enough to be attending the program. If a child becomes ill during the day, we will call you to pick up your child. If you need to pick up your child they will not be able to attend the program the following day.

We keep a strict sick policy in order to avoid the spread of germs for both children and the educators in the centre. We are not equipped to properly care for sick children and sick educators leave the centre with inadequate ratios.

Teething

Teething medication, Tylenol or Motrin may be brought in for acute teething symptoms (tooth is pushing through the gums or gums are swollen/red).

Teething may cause the following symptoms:

- Increased drooling
- Restless or decreased sleeping due to gum discomfort
- Refusal of food due to soreness of the gum region
- Fussiness that comes and goes
- Bringing hands to the mouth
- Mild rash around the mouth due to skin irritation secondary to excessive drooling
- Rubbing the cheek or ear region as a consequence of referred pain during the eruption of the molars

Importantly, teething is *not* associated with the following symptoms:

- Fever (especially over 101 F)
- Diarrhea, runny nose, and cough
- Prolonged fussiness
- Rashes over the body

<http://www.medicinenet.com/teething/page2.htm>

<http://kidshealth.org/parent/general/teeth/teething.html#>

<http://www.abc.net.au/health/talkinghealth/factbuster/stories/2010/08/18/2985998.htm>

Medication cannot be given for fevers and your child will be sent home and your child cannot attend the next day.

Medication Policy

Medications will only be administered when the required "Permission to Administer Medications" form has been completed and signed. THERE WILL BE NO EXCEPTIONS.

- A new form is required with each new medication
- Medication is never to be placed in a child's lunch box
- Prescriptions must be in the original bottle, with the medication label stating the child's name, prescribing doctor and dosage
- Over the counter medication must also be in its original bottle with the label intact
- No cough drops or candy's
- The caregiver dropping of the child must inform the educators of when the child received the last dose of medication otherwise we will not be able to administer the medication
- Allergy medication (i.e. EPI PEN) is an exception. A separate permission form will be kept on file.

Immunizations

Immunizations are a parent's own personal choice and we understand that. We do ask that you let the centre know whether or not you have chosen to immunize your child. If you have immunized your child, licensing requires that we keep a record of their immunizations. These can be acquired through your doctor or Queen Alexander Health Unit on Wale Road.

Smoking

Smoking in the centre or on the grounds of the centre is not permitted. This does include the parking lot. Please leave the grounds completely for ensure there is not residual smoke present for children being dropped off or picked up.

Supervision & Safety

Children's safety and supervision is very important to us. Whether we are inside or outside children will always be appropriately supervised. Staff to child ratio will always be obtained in the centre, with the exception of illness of staff members. In the case that ratio cannot be met we may have to ask children to be picked up. This will of course be a last resort.

Safety of equipment and play areas is also important. We will be certain to keep watch out for any broken equipment or toys and do ask that parents contact the manager if they have any concerns about this.

Fire & Emergency Evacuation

Fire drills are practiced with the children once a month and logged for licensing.

An emergency kit is required for each child that is enrolled in the program. This will allow each child personal items in case of an emergency.

Emergency Contacts

We ask that each child have at least 2 emergency contacts. These contacts will be used in case of emergency, illness or late pick up. If we cannot get a hold of a child's guardian(s) if a child is sick (see above illnesses), still at the centre past pick up time or there is an earthquake, fire or other natural disaster, we will contact the emergency contacts to pick up your child.

Hygiene & Toileting

All children will wash their hands after messy activities, before and after eating and after using the toilet. As early childhood educators it is our mission to help children to learn everyday habits that they will carry on with them through life. Liquid soap and paper towels or individual towels will be provided for best care.

We also encourage parents to pack a toothbrush and toothpaste to stay at the daycare, so each child can brush their own teeth after lunch. This is another basic hygiene practice that is important for children to learn at an early age.

Toileting is something that the older children 3-5 will do on a daily basis. We do ask that once children are 3 years old parents do try to actively work on potty training as we will also do so in

the centre. We have no problem helping children use the toilet and cleaning up any accidents that may occur. It is all part of learning.

We will encourage children aged 2 to try out the potty. It is part of the daily routine to try the potty each time we do diaper changes. Getting used to sitting on the toilet is a huge part of toilet training.

We will try to work with each parent's routine and ideas for their child, as that is what the child will be doing at home. Please let us know if you have concerns or thoughts about this process.

Food and Drink Policy

Each child will need to bring nutritional snacks for morning and afternoon snack time as well as a lunch. We ask that parents try to follow Canada's Food Guide to ensure excellent nutrition.

Please have a water cup that your child can leave at the centre for water on a daily basis.

Please feel free to pack your child milk and there will be water for the children to drink throughout the day. If you do feel that you need to pack juice, please be aware juice will only be served with afternoon snack, as even 100% juice is very high in sugars.

We are able to heat up lunches and snacks in the microwave and cut up fruit or vegetables if necessary.

Nap & Quiet Time

Both the Infant and Toddler Centre and the 3-5 Centre have naps/quiet time in the afternoon shortly after lunch. We do understand that some children do not need naps or that you may not want your child to nap. We do feel that each child needs to have some quiet time to rest.

Therefore we ask that if a child does not need to nap they still need to lie down quietly on a cot or sit quietly with a book while the other children nap.

If your child does nap, we ask that they bring a blanket and cuddly toy (if they use one) that will help them feel comfortable for this time.

Guidance & Discipline

In the centre we use positive guidance to help children learn appropriate behavior and self help skills. Using a calm and controlled voice and body language we will get down to the child's level and help them to solve the problem. The following techniques will be used when using guidance with young children;

- Clarifying expectations
- Model appropriate behaviors and interactions
- Redirecting inappropriate behaviors
- Using respectful language and mannerisms
- Giving the child options of what they can do
- Use the environment to help teach positive learning opportunities
- Positive reinforcement
- Supporting development of self help skills
- Use of “I” messages and reflection of feelings/emotions

Aggressive behaviors such as biting, hitting or kicking are dealt with a little differently. If it is a repeated behavior the child will need to take a little time away from the group, in order to calm their body down. An educator will talk to the child about the behavior and the consequences of the behavior.

If you have any questions or concerns with regards to this, please talk to the manager.

Clothing Items from Home

The centre can be a messy fun place for exploration, therefore extras are always needed. We ask for the following items to be at the centre on a daily basis:

- Extra pants
- Extra shirt
- Extra underwear
- Extra socks
- Slippers

Spring/Summer Items:

- Water play clothes & sandals
- Hat

Fall/Winter Items:

- Toque
- Muddy Buddies
- Gloves/Mittens
- Snow pants
- Snow jacket

Extra clothes will be needed on a daily basis in case of an accident, messy play or other dirty childcare games. We do have a few extra items but not enough for everyone attending.

Sunscreen, toothpaste and wipes are provided by the centre.

Deposit

In order to secure a space for your child a non-refundable deposit of \$150 and signed parent contract is needed to hold the space. Until this is provided the space will still be open to others.

First Day

On the first day all documentation and payments must be in order. This includes:

- 6 months of post dated cheques
- Fully completed registration forms
- Signed parent contract
- Immunization records
- Emergency kits

Payment Policy

Payment is due on the 1st of every month. It is requested that post dated cheques be given in order to allow prompt payment and in order to alleviate the stress of remembering to write a cheque every month. Cheques must be made out to “**Little Bears ECE Centre**”

We do accept subsidy, however with subsidy being 4-8 weeks behind on approvals we will need to be paid the full months fees until subsidy approves the application. Once the application is approved and we have a benefit plan in place the we can reimburse the overpayment or apply it to future months fees.

Late payments or NSF cheques will be charged \$50.00. If payment is not made by the end of the first week (i.e. 7th of the month), your child’s space will be in jeopardy. A \$50 charge will be added to late parent fees after the 7th of each month. Lack of payment will result in termination of our contract.

The centre will need one full months notice if your child will be leaving the centre. Notice must be given prior to the last day of the month before you are leaving. For example if you give notice on the 6th of October, you will still need to pay for November. Failure to give full notice will result in a full month’s payment being owed. If the fees are not paid, we will contact collections.